

Core Curriculum for Peer Specialist/Peer Support Training

Day 1	Day 2	Day 3	Day 4	Day 5
TRAVEL	5 Five Stages in the Recovery Process: Overview	11 Effective Listening and The Art of Asking Questions - Part 1	17 Facilitating Recovery Dialogues	23 Five Stages in the Recovery Process: Interventions
REGISTRATION	6 Five Stages in the Recovery Process: Dangers	12 Dissatisfaction as an Avenue for Change	18 Effective Listening and The Art of Asking Questions - Part 2	24 Creating the Life One Wants: Accomplishing One's Recovery Goals
1 Welcome and Introductions	7 The Role of Peer Support in the Recovery Process	13 Facing One's Fears	19 Effective Listening and The Art of Asking Questions - Part 3	25 Being A Peer Specialist: How to Use What I have Learned
2 Overview of the Training	8 Creating Program Environments that Promote Recovery	14 Combating Negative Self-Talk	20 Power, Conflict and Integrity in the Workplace Part 1	26 Final Reflections, Evaluation and Next Steps
3 State System and the Role of the Training	9 Beliefs that Promote and Support Recovery	15 Problem Solving with Individuals	21 Power, Conflict and Integrity in the Workplace Part 2	TRAVEL
4 Using Your Recovery Story as a Recovery Tool	10 Cultural Competency: How Cultural Beliefs Impact Recovery	16 Using Support Groups To Promote and Sustain Recovery	22 Power, Conflict and Integrity in the Workplace Part 3	TRAVEL
Evening Free	Evening Free	Mutual Support Groups	Evening Free	